

Registration: Public Lectures

Name

Address

City State Zip

Phone (day) (eve.)

Fax Email

- Open Adoption: How to Make an Enduring Match
Harriet Wolfe, M.D.
Wednesday, 1/31/2007
- What is Psychoanalysis & How Does it Help People?
Adam Goldyne, M.D.
Wednesday, 2/21/2007
- Childhood Anxieties
Mary Jane Otte, Ph.D.
Wednesday, 3/14/2007
- Adolescents: "Why Do They Act Like That?"
Katherine Fraser, D.M.H.
Wednesday, 4/25/2007
- Negotiating Conflict in Couples
Holly Gordon, D.M.H.
Wednesday, 5/9/2007

These lectures are free of charge.

Please send in registration or RSVP to:

SFPI&S

2420 Sutter St.

San Francisco, CA

415-563-5815/FAX 415-563-8406

finance@sfpis.org



SFPI&S
2420 Sutter St.
San Francisco, CA 94115
415-563-5815
Fax: 415-563-8406
finance@sfpis.org
www.sfpis.org

Public Lecture Series



San Francisco Psychoanalytic
Institute and Society
2420 Sutter St.
San Francisco, CA 94115

**San Francisco Psychoanalytic
Institute and Society
Public Lecture Series**

Since its origin in the work of Sigmund Freud, the field of psychoanalysis has steadily flourished and become more vital. At the core of psychoanalytic thinking is an uncommonly deep understanding of how human minds work and of how therapy can profoundly help people to become more satisfied with their lives.

We at the San Francisco Psychoanalytic Institute and Society invite you for a series of four presentations that will show how psychoanalytic thinking can guide us in understanding some of life's most challenging and mysterious aspects: childhood, adolescence, adoption, and troubled relationships. We look forward to seeing you at as many of the presentations as you find compelling.

Presenters:

Katherine Fraser, D.M.H.
Member, Faculty, SFPI&S

Adam Goldyne, M.D.
Candidate, SFPI&S

Holly Gordon, D.M.H.
Member, Faculty, SFPI&S

Mary Jane Otte, Ph.D.
Member, Faculty, Training & Supervising Analyst, SFPI&S

Harriet Wolfe, M.D.
Member, Faculty, Training & Supervising Analyst, SFPI&S

Open Adoption: How to Make an Enduring Match
Harriet Wolfe, M.D.
Wednesday, 1/31/2007; 7:30pm - 9:00pm

The emotional and practical issues that face those who wish to adopt seem endless as the process of making a match with a birthmother or couple unfolds. Dr. Wolfe will focus on the psychological challenges encountered by those who adopt as they try to find and secure a good match and to maintain the best possible relationship with their child's birth family after adoption has occurred. All phases of the adoption process involve decisions: how to present oneself during the search; how to determine if a potential match is right; how to balance the need for privacy with the goal of being open; and how to talk with family, friends and an adopted child about the journey. Dr. Wolfe will explore the range of options that exists at each step along the way.

What is Psychoanalysis & How Does it Help People?
Adam Goldyne, M.D.
Wednesday, 2/21/2007; 7:30pm - 9:00pm

Psychoanalysis is a special form of psychotherapy that can help people to change in profound ways. In this presentation, Adam Goldyne, M.D., a psychiatrist and a psychoanalyst in training, will speak in depth about what psychoanalysis is, how it is different from other kinds of psychotherapy, and how it works to change people's lives. Dr. Goldyne will focus especially on why it is that psychoanalysis offers unique opportunities for deep change that medications and other forms of psychotherapy cannot offer.

Childhood Anxieties
Mary Jane Otte, Ph.D.
Wednesday, 3/14/2007; 7:30pm - 9:00pm

Having a better understanding of children provides insight into the childlike feelings that all adults experience. Through lecture and video, Dr. Otte will offer a psychoanalytic view of the mental experience of children from birth through age six, showing how every child's development is profoundly influenced by caregivers and by unconscious beliefs. With a special focus on how people at this young age experience attaching to and separating from other people, she will examine the causes of common childhood problems and explore how adults may be affected by anxieties they experienced during early childhood.

Adolescents: "Why Do They Act Like That?"
Katherine Fraser, D.M.H.
Wednesday, 4/25/2007; 7:30pm - 9:00pm

Many adults have been heard to ask in exasperation, "Why does my teenager act like that?" Or proclaim in frustration, amazement, or, even at times in horror, "How can such a smart kid do something like that?" Since the time of Socrates, parents have struggled to understand the behavior, emotions and psychologies of their adolescent children. This period is particularly demanding for parents because so much is developmentally in flux. In recent years, however, new discoveries in brain science have given us some answers to many of the daily challenges presented by teenagers including their impulsivity, their risk taking behaviors, their poor judgment, their emotional highs and lows, and their sometimes-enviable sleep patterns. In this session, Dr. Fraser will review some of the discoveries that can help parents, teachers and adolescents themselves to understand and navigate the adolescent journey. She also will highlight how such understanding can help parents to strategize and communicate with teens more effectively.

Negotiating Conflict in Couples
Holly Gordon, D.M.H.
Wednesday, 5/9/2007; 7:30pm - 9:00pm

This session will focus on how partners can disentangle themselves from conflicts that feel repetitive, painful and unresolvable. Unresolved personal problems often influence the partners we choose and these same problems can later be at the root of relationship conflicts. Dr. Gordon will present strategies that each of us can use to recognize the personal problems that are contributing to relationship problems, to take responsibility for them, and to be open about them in a way that allows our partners to do the same. These strategies are a way for partners to help each other, addressing conflict constructively and transforming struggle into greater closeness.